Let the Games Begin!

SPORTS FUN SUMMER OLYMPICS

Weekly Olympic Events

1. Personal Fitness Test

2. <u>Field Events</u>: Standing broad jump, running long jump and high jump.

3. **<u>Gymnastics</u>**: Mini trampoline, body awareness and balancing challenges.

4. **Soccer:** Individual skills test and soccer games.

5. <u>Field Hockey:</u> Proper use of hockey sticks, ball movement & scoring

6. **Discus:** Ultimate Frisbee skills and a game.

7. **Olympic Games Day:** Fun games designed to enhance cardiovascular fitness, agility and stamina.

8. **Team Building:** Encouraging sportsmanship through partner and team challenges.

9. <u>**Culminating Olympic Circuit:**</u> A station rotation of all the Olympic events.

KIDS WILL RECEIVE A GOLD MEDAL AWARD

Text or Phone: 813-245-5069 E-mail: leigh@sports-fun.com

JUNE 3 through AUG 2

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30 minute classes on site (2 class minimum)

Up to 20 school age kids per class

> \$55.00 per class Per week with monthly billing

Coaches are back-ground screened

