

Sports Fun is proud to present our 2019 <u>Elementary school</u> summer program! Our PE Coach will come to your school with sports equipment and age appropriate, innovative lesson plans. Students will participate in 4 different sports over the 8 weeks of summer. In addition to building healthier hearts, stronger muscles and improved athletic abilities, students will have a BLAST learning fun new ways to play old sports!

SUMMER SPORTS CAMP

<u>SOCCER</u>: <u>Week 1</u>: Students will learn dribbling skills, kicking with purpose, rules of play, goal tending, passing, defensive and offensive moves. <u>Week 2</u>: Students will play a game of soccer using GIGANTIC inflatable soccer balls! This is a real game changer!

<u>BASEBALL</u>: Week 1: Students will work to improve their coordination skills by catching, throwing, utilizing multiple size baseball bats and balls, running bases and integrating sportsmanship and teamwork. <u>Week 2</u>: Students will play a game of baseball. But it's no ordinary game! More bases, Coach is the "all-time" pitcher, fielders have to throw to 5 different team mates in order to get a runner out. Wacky Fun!

<u>HOCKEY:</u> <u>Week 1</u>: Students will learn to maneuver a hockey stick and puck (or ball) through drills including dribbling, passing, goal tending and learning the rules of play. <u>Week 2</u>: Students will play a game of hockey using 3 (or more) pucks! GOALS GALORE!!!

<u>FOOTBALL</u>: <u>Week 1</u>: Students will participate in a TRAINING CAMP. Competing is sprints, throwing for distance and accuracy, catching while running, friendly and age appropriate while scoring points for efforts. <u>Week 2</u>: Students will play a game of flag football (girls vs girls, boys vs boys) using a larger, oversized football!

Classes begin the week of June 3rd and continue through July 26th. No classes will be held on Thursday, July 4th or Friday, July 5th.

- A minimum of 2 30 minute classes is required.
- 25 children per class @ \$45.00 per class (not per child).
- Call now to choose a day & time frame. Mornings are most popular.
- Add a Sports Fun Field Day (see attached flyer) at the end of your weekly classes and your 2019 summer will be SPECTACULAR!